



# Confirmation 2022-2023

*"I have called you by name"*

*Isaiah 43:1*

ST. LAWRENCE CATHOLIC CHURCH | Tampa, FL



# ST. LAWRENCE CATHOLIC CHURCH

## Confirmation 2022-2023

### CONFIRMATION SCHEDULE 2022 - 2023

#### CONTACT ME

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#### DUE DATES

##### November 2, 2022

Letter to Msgr. Carruthers  
Baptism & First Communion Cert  
Sponsor Form  
Saint Essay

##### January 9, 2023

Spiritual Opportunities  
Volunteer Opportunities

#### SESSIONS

Polly Murray Center JPII Room

2022 - 2023

#### YDisciple

##### Session 1 Never Alone: Belonging Sept 25th 4pm -5pm

*The third Person of the Trinity is the one who illuminates our identity and belonging as God's sons and daughters. Presented by Nic Gutierrez*

##### Session 2 Never Alone: Guided Oct. 23rd 4pm -5pm

*With the guidance Holy Spirit in prayer and discernment, no one is alone in making decisions. Presented by Nic Gutierrez*

##### Session 3 Never Alone: Empower Nov. 6th 4pm -5pm

*Not only is the power of the Holy Spirit we see in the Bible real, but it is available to each one of us still today. Presented by Sarah Kaczmarek*

##### Session 4 Never Alone: Guided Dec. 11th 4pm -5pm

*How do we find the Holy Spirit in daily life including overcoming sin and accessing grace in ordinary moments? *Veni sancte spiritus!* Presented by Sarah Kaczmarek*

##### Session 5 What is Confirmation? Feb 5th 4pm -5pm

*Most of us are familiar with the word "sacrament." We participate in sacramental rites often as Catholics. But do we understand what a sacrament is—and what it means for us and our everyday lives? Presented by Dr. Edward Sri*

##### Session 6 Life as a Saint Mar. 26th 4pm 5pm

*The questions we yearn to answer are: "Who am I?" and "Why am I here?" To find the answers, we need to begin with an understanding of the true desires of our hearts and how those desires align with the God who loves us more than we love ourselves Presented by Fr.Scott Traynor*

##### Confirmation Retreat Be Not Afraid at St. Leo Abbey Jan 20-22 2023

*This Retreat Series dives down into the deepest desires of the human heart. Desires for happiness, greatness, fulfillment, and true friendship. Utilizing an inspiring quote from St. John Paul II, the youth will go deeper into the roots of these desires and find that at the center of everything they desire Jesus Christ. They will come to find that "it is Jesus in fact that [they] seek when [they] dream of happiness" and that it is Him alone who will fulfill all their desires (St. John Paul II).*

Confirmation Rehearsal    6pm -7pm in the Church    April 21, 2023

Confirmation    Mass 10:30am in the Church    April 22, 2023



# ST. LAWRENCE CATHOLIC CHURCH

## Your Journey Begins

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The Sacraments are a wonderful expression of God's presence in our lives. Our God chooses a relationship of intimate love with each one of us. Through Confirmation you will continue the journey that began at your Baptism, a journey that began when God chose you as His own. Confirmation is not the end of a journey; it is only just the beginning. Christ has chosen you; will you now choose Him?

*Parent Involvement:* The classes for the Sacrament of Confirmation will have a strong focus on the family's role as the "Domestic Church." We encourage you to pray with your teen, spend time in the Word, and as always, attend weekly Mass as a family to stress the importance of one's spiritual formation. In addition, parents will be sent a parent letter each session via Flocknote. We highly encourage parents to read the letter to help you understand what your youth is learning each session.

*Impactful Curriculum:* Using resources from YDisciple and Edge. This Confirmation program is focused on three big questions - "Why believe in God?" "Why trust Jesus?" and "Why belong to the Church?" This curriculum is designed to be faith forming with an emphasis on walking a teenager from an unfounded belief (or disbelief) in God. Toward a commitment to Jesus lived out through the Catholic Church. Each session is supplemented with videos that engage the heart, mind, and humor of the youth.

*Heavenly Father,*

*the blessings you have given to St. Lawrence parish are too many to count, and we thank you for these and the youth faith families. Please send your Holy Spirit to help us continue to share our faith with the children. May the families have an open heart; increase their faith Lord as we prepare for this 2022-23 year of learning. May the gifts of the Holy Spirit help us all--especially wisdom, understanding and fortitude during this time of preparation. May the clergy, catechist leaders of youth ministry, and volunteers be filled with God's love and peace. May our trust in You be constant, as we desire to do your will. In Jesus' name, we pray. AMEN*



# ST. LAWRENCE CATHOLIC CHURCH

## Confirmation Preparation Requirements:

**All teens that are a part of the Confirmation process for the 2022-2023 year are asked to:**

- 1.) Practice their faith regularly by participating in the Mass on Sundays and Holy Days.
- 2.) Register for Confirmation Preparation on our website [www.stlawrence.org/yff/](http://www.stlawrence.org/yff/)
- 3.) Write a Letter to the Pastor of St. Lawrence stating why you would like to be Confirmed. See instructions in the packet pertaining to the Letter. *(see page 3)*
- 4.) Turn in a copy of your Baptism and First Communion Certificate.
- 5.) Attend all sessions on the schedule. Attendance is required for all sessions, retreats, rites, rehearsal, and the Sacrament. *(The only excused absences are for illness (to the degree that a child is kept home from school) or a family emergency. A teen who has excessive absences will need to wait until the following year to celebrate the Sacrament. Scheduling conflicts such as sporting events, practices, or other extracurricular activities will NOT be considered an excused absence. Preparation for the Sacrament is expected to take precedence over those other types of activities).*
- 6.) Select a Sponsor: someone 16 years of age or older, received the Sacraments of Baptism, Eucharist, and Confirmation and if married, is married in the Catholic Church. Your sponsor should be chosen as a person who can be a role model and mentor. *(The Sponsor cannot be a parent).*
- 7.) Be a good steward. Stewardship is an integral part of the Confirmation journey. Confirmation candidates should be involved in experiences that enable them to use their gifts and talents in service of others. All candidates must complete three Spiritual and three Volunteer Opportunities, fill out the appropriate forms (see attached).
- 8.) Select a Confirmation Saint. We invite you to research Saints and select a Saint whose life is something you would like to emulate. Some ideas to get you started are to look at who is the patron of something you are passionate about, a Saint with the same/similar name as you, or a saint whose feast day is your birthday or baptism date. All candidates for Confirmation are to complete a Saint Essay.
- 9.) To help you build a strong faith life and community with other young Catholics, Confirmation candidates are asked to be active in a Faith Formation program during the Confirmation journey. This can be Catholic school, Edge, bible study or an alternate program approved by the Director of Faith Formation.



# ST. LAWRENCE CATHOLIC CHURCH

## Letter to the Pastor of St. Lawrence

We ask all Confirmation Candidates to write a letter of intent to the Pastor of St. Lawrence. This letter should state your desire to be Confirmed in the Catholic faith and is the first step in the Confirmation process. *Please turn into Parish Office on Nov 2, 2022.*

### The letter should be:

- Handwritten
- Approximately one page in length (2-3 paragraphs)
- Introduce yourself to the Pastor and tell him a few things about yourself
- Explain where you are currently in your faith journey
- Detail 2-3 reasons why you would like to be Confirmed
- Write as best you can! Do not worry too much about grammar or spelling.

Letters should be in a sealed envelope. Please address to the Pastor of St. Lawrence.

This is due Nov. 2, 2022 in packet.



# ST. LAWRENCE CATHOLIC CHURCH

## SPIRITUAL OPPORTUNITIES

**All candidates must complete three Spiritual Opportunities, fill out the reflection journal for each opportunity, and turn them in to the Faith Formation Office by January 9, 2023. Stewardship is an integral part of the Confirmation journey.**

The spirituality of stewardship should seek to integrate the truths of our Catholic faith, the sacred Scriptures, and the Mass into our daily actions. Spirituality has real meant in our lives and the lives of others because we connect to the source of that meaning, Jesus Christ and His Church. Stewardship is a way of living, not merely a program offered through a parish.

### Spiritual Opportunities Ideas:

- Attend Daily Mass (Monday-Saturday) once a month
- Pray the Rosary with your family and/or friends weekly
- Pray the Divine Mercy Chaplet with your family and/or friends weekly
- Watch a Catholic movie and spend time sharing your thoughts on it with a good friend or family member.
- Read a Catholic book and spend time sharing your thoughts on it with a good friend or family member.
- Read a Catholic blog every day for one week. Share your thoughts with a friend or family member or comment on the blog.
- Learn a Traditional prayer of the church that you don't already know and pray it during the Confirmation process.
- Research Novenas and commit to praying one for an intention.
- Go to the Sacrament of Reconciliation 3 times between now and the time you receive the Sacrament of Confirmation.
- Visit the Blessed Sacrament on Wednesdays during Adoration in the Chapel.
- Begin journaling to talk to God. Spend every day for one week writing to God in the journal as a form of prayer.
- Find a prayer that is to your Confirmation Saint. Commit to memorizing the prayer.

***"As each one has received a gift, use it to serve one another as good stewards of God's varied grace." - 1 Peter 4:10***





# ST. LAWRENCE CATHOLIC CHURCH

## Stewardship Spiritual Reflection Journal

### Location of your Spiritual Opportunity :

- St. Lawrence Catholic Church
- Community
- Home
- Other: \_\_\_\_\_

### Spiritual Opportunity: \_\_\_\_\_.

1. What was your favorite part of this spiritual opportunity?

2. What lessons and/or blessings did you bring away from this experience?

3. Do you feel this spiritual opportunity opened your heart to God working in your life? Why or why not?

4. Would you repeat this type of stewardship? Why or why not?



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# ST. LAWRENCE CATHOLIC CHURCH

## VOLUNTEER OPPORTUNITIES

**All candidates must complete three Volunteer Opportunities, fill out the reflection journal for each opportunity, and turn them in to the Faith Formation Office by January 9, 2023. Stewardship is an integral part of the Confirmation journey.**

Confirmation candidates should be involved in experiences that enable them to use their gifts and talents in service of others. Candidates should serve at each of their volunteer opportunities for 5 or more hours. We have several opportunities offered through St. Lawrence Catholic Church but candidates can also participate in non-parish sponsored events so long as it is a Corporal Work of Mercy. One volunteer opportunity must be completed at St. Lawrence Catholic Church.

### Volunteer Opportunities Ideas:

- Faith Formation Classroom Aid: Sundays 11:15am-12:30pm
- Edge Middle School Youth Group: Monday 6:30pm-8pm ( *Polly Murray Center* )
- Living Nativity Practice/Play: Family Mass
- Any Corporal Work of Mercy\*

*\* Corporal Works of Mercy are the way in which we extend God's compassion and mercy to the world by helping our neighbors with material and physical needs. They include: Feeding the Hungry, Giving Drink to the Thirsty, Clothing the Naked, Sheltering the Homeless, Visiting the Sick, Visiting the Imprisoned, Burying the Dead*

- Matthew 25
- Pinellas Hope/ Tampa Hope
- Edge service hour opportunities
- All ministry work at St. Lawrence

*“Stewards of God's gifts are not passive beneficiaries. We cooperate with God in our own redemption and in the redemption of others. We are also obliged to be stewards of the Church—collaborators and cooperators in continuing the redemptive work of Jesus Christ, which is the Church's essential mission. This mission—proclaiming and teaching, serving and sanctifying—is our task. It is the personal responsibility of each one of us as stewards of the Church.” -USCCB*



# ST. LAWRENCE CATHOLIC CHURCH

## Stewardship Volunteer Reflection Journal

### **Location of your Volunteer Opportunity :**

- St. Lawrence Catholic Church
- Community
- Home
- Other: \_\_\_\_\_

### **Volunteer Opportunity:** \_\_\_\_\_.

1. What was your favorite part of this Volunteer opportunity?

2. What lessons and/or blessings did you bring away from this experience?

3. Do you feel this volunteer opportunity opened your heart to God working in your life? Why or why not?

4. Would you repeat this type of stewardship? Why or why not?

**Name of Volunteer Leader : First:** \_\_\_\_\_ **Last:** \_\_\_\_\_

**Contact Number:** (\_\_\_\_) \_\_\_\_\_

**Contact Email:** \_\_\_\_\_

**Number of Hours Served :** \_\_\_\_\_

SIGNATURE VERIFYING COMPLETE SERVICE PROJECT BY VOLUNTEER LEADER:

X

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## Stewardship Volunteer Reflection Journal

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**Number of Hours Served :** \_\_\_\_\_

SIGNATURE VERIFYING COMPLETE SERVICE PROJECT BY VOLUNTEER LEADER:

X

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**Name of Volunteer Leader : First:** \_\_\_\_\_ **Last:** \_\_\_\_\_

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**Number of Hours Served :** \_\_\_\_\_

SIGNATURE VERIFYING COMPLETE SERVICE PROJECT BY VOLUNTEER LEADER:

X

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# ST. LAWRENCE CATHOLIC CHURCH

## Saint Essay

Select a Confirmation Saint. We invite you to take time to research Saints and select a Saint whose life is something you would like to emulate. Some ideas to get you started are to look at who is the patron of something you are passionate about, a Saint with the same/similar name as you, or a Saint whose feast day is your birthday or baptism date. All candidates for Confirmation are to complete a Saint Essay. Please turn into Parish Office on Nov 2, 2022

### All projects must include:

- Your name
- Name of the saint you have chosen
- A brief description of the life of your saint
- The feast day of your saint
- Why they impact your life?
- What causes you to want to aspire to be like this Saint?
- Must be typed
- *Essays including all the information above must be typed and turned in on Nov 2, 2022*





# ST. LAWRENCE CATHOLIC CHURCH

## Confirmation Preparation Commitment Form:

### All candidates & parents please read and sign

- 1.) Practice their faith regularly by participating in the Mass on Sundays and Holy Days.
- 2.) Register for Confirmation Preparation on our website [www.stlawrence.org](http://www.stlawrence.org) .
- 3.) Write a Letter to the Pastor of St. Lawrence stating why you would like to be Confirmed. See instructions in the packet pertaining to the Letter. *(see page 3)*
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- 9.) To help you build a strong faith life and community with other young Catholics, Confirmation candidates are asked to be active in a Faith Formation program during the Confirmation journey. This can be Catholic school, Edge, bible study or an alternate program approved by the Director of Faith Formation.

I \_\_\_\_\_ have read and understand the requirements for the preparation of the Sacrament. I agree to having all paperwork turned in no later than January 9, 2022. I agree to complete all items and I desire to be part of this preparation process.

I \_\_\_\_\_ have received the requirements for the preparation of the Sacrament.

Candidate's Signature: \_\_\_\_\_ Date \_\_\_\_\_

Parent's Signature: \_\_\_\_\_ Date \_\_\_\_\_

